

COMBATING THE STIGMA OF YOUTH MENTAL ILLNESS

Dr. David Jeck,
Superintendent



Mr. Frank Finn,
Assistant Superintendent
for Student Services and Special Education



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I feel
like a
Mistake





Community

GOALS



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STIGMA

GRANT FUNDING



YMHFA COURSE

A-Assess for risk of suicide or harm

L-Listen nonjudgmentally

G-Give reassurance and information

E-Encourage appropriate professional help

E-Encourage self-help and other support strategies



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**ONGOING
CERTIFICATION**

**OVER
400
FCPS STAFF
TRAINED!**

AND COUNTING

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LEADERSHIP TEAM

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PURPLE LANYARDS



COMMUNICATION TO STAFF





COMMUNICATION TO STUDENTS



TESTIMONIALS

I am certified in YOUTH Mental Health First Aid



I am certified in YOUTH Mental Health First Aid
www.mentalhealthfirstaid.org



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WWW.REALLYGREATSITE.COM



ELEMENTARY PRINCIPAL

"The Youth Mental Health training gave me a better insight into how to talk with students struggling with emotional issues. The days following the training I had a student talking about killing herself. I used the talking points and strategies from the program to help the girl get the help she needed through counseling and in subsequent meetings with the parent. Thanks to all who presented on the 28th. Fantastic resource."

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INSTRUCTIONAL ASSISTANT

I took this and it was wonderful. The instructors were so knowledgeable making everything very interesting, leaving us with wanting more. For me personally, I highly recommend everyone take it, helping one person or five that is what we all should do. Even if it's in your job, personal life, doesn't matter where. ALL LIVES MATTER!

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ADULT EDUCATION ADMINISTRATOR

"I would like to share one of the first times I talked to a student that could have been at risk for self-harm. I had been alerted by the student's base school, that a group of students had reported that my student was at risk of suicide. Because of the training, I was ready and knew what to do. I moved the student to a secure location, called for help and started using the skills that I had learned. When it came to asking the question "Are you thinking of killing yourself?" I did it, I shook inside but I continued with the training and went through all the steps. When he said he had a plan, I knew I needed help and to pass him off to the mental health professionals.

I know that I was able to handle the student in crisis because of the training."

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FRESH INTEGRATION TEAM SPECIALIST

"A former student who is now in fifth grade looked at me one Thursday a few months back and said, "Mrs. Payne you are wearing a purple necklace. That means I can come talk to you if I need to, right?" I looked her straight in the eyes and said, "Yes (student name). I am always available to listen to whatever is on your mind. Do you need to be excused from class right now to take a walk with me?" She wrapped her arms around me so tight and said, "Thank you Mrs. Payne, I'm good. I just wanted to make sure I could if I needed to." She did not talk to me that day, nor has she come to speak to me since then, but I do feel that the visual reminder is there when I walk through the doors of her elementary school. She is able to recognize that any person with a purple lanyard is a safe person to speak to."

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QUESTIONS?

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